

Lancashire County WPSA Age Groups and Championships 2025

Affiliated to Swim England North West

Under Swim England Laws and Swim England Technical Rules of Swimming

Licence No 1N1250267

Sunday 26th January 2025 Session 5 Manchester Aquatic Centre

11. Shauna Thobum	20	Southport	10:20.19	477					
50m 33.53	100m 1:09.99	150m 1:48.41	200m 2:26.53	250m 3:05.82	300m 3:45.27	350m 4:25.12	400m 5:05.20		
450m 5:45.27	500m 6:25.16	550m 7:05.06	600m 7:44.65	650m 8:24.05	700m 9:04.37	750m 9:43.18	800m 10:20.19		