

Para Swimming Considerations Times

Age on the day will be as of midnight on 31st December 2019

All times must have been achieved from October 24th 2018 at a Level 1, 2 or 3 Licensed Meet.

Times may be achieved in either a long course or a short course pool.

| | | Freestyle | | | | Back | | Fly | | | Breast | | | IM | |
|-----|-------|-----------|----------|----------|----------|----------|----------|----------|----------|------|----------|----------|------|----------|----------|
| | | 50m | 100m | 200m | 400m | 50m | 100m | 50m | 100m | | 50m | 100m | | 150m | 200m |
| S1 | Boys | 02:24.08 | 05:08.88 | 08:12.64 | | 01:56.90 | 04:01:10 | | | SB1 | 02:55.36 | | SM1 | | |
| | Girls | 02:14.58 | 06:39.41 | 10:35.89 | | 03:37.46 | 07:10.90 | | | | 03:37.31 | | | | |
| S2 | Boys | 01:35.54 | 04:17.79 | 06:38.17 | | 01:26.70 | 03:07.09 | 03:50:69 | | SB2 | 01:33.18 | | SM2 | 07:57.47 | |
| | Girls | 02:29.15 | 05:18.77 | 11:07.74 | | 02:06.82 | 04:27.55 | 03:43.66 | | | 02:13.25 | | | | 08:25.30 |
| S3 | Boys | 01:09.58 | 02:47.86 | 05:38.21 | | 01:17.31 | | 02:14:69 | | SB3 | 01:19.95 | | SM3 | 04:59.78 | |
| | Girls | 01:13.26 | 02:40.24 | 07:56.62 | | 01:29.76 | | 01:52.06 | | | 01:32.19 | | | | 07:52.43 |
| S4 | Boys | 01:04.64 | 02:18.43 | 04:59.39 | | 01:12.74 | | 01:13.62 | | SB4 | | 02:48.19 | SM4 | 04:15.92 | |
| | Girls | 01:03.71 | 02:19.39 | 05:31.02 | | 01:23.36 | | 01:36.94 | | | | 03:00.86 | | | 04:49.57 |
| S5 | Boys | 52.54 | 01:50.91 | 04:06.69 | | 57.87 | | 59.65 | | SB5 | | 02:37.57 | SM5 | | 05:27.01 |
| | Girls | 01:01.28 | 02:13.26 | 04:35.55 | | 01:13.09 | | 01:14.69 | | | | 02:41.98 | | | |
| S6 | Boys | 48.94 | 01:45.73 | | 08:20.06 | | 02:07.49 | 52.43 | | SB6 | | 02:15.20 | SM6 | | 04:28.83 |
| | Girls | 54.54 | 01:57.57 | | 08:43.15 | | 02:16.48 | 58.85 | | | | 02:41.10 | | | |
| S7 | Boys | 45.58 | 01:39.92 | | 07:41.90 | | 01:56.50 | 48.58 | | SB7 | | 02:09.07 | SM7 | | 04:10.34 |
| | Girls | 55.06 | 01:56.70 | | 08:33.92 | | 02:15.15 | 58.88 | | | | 02:28.34 | | | |
| S8 | Boys | 43.62 | 01:35.71 | | 07:24.18 | | 01:49.87 | | 01:40.24 | SB8 | | 01:55.06 | SM8 | | 03:52.67 |
| | Girls | 49.23 | 01:45.02 | | 07:59.22 | | 02:04.64 | | 02:02.82 | | | 02:15.52 | | | |
| S9 | Boys | 41.86 | 01:30.06 | | 06:53.28 | | 01:43.57 | | 01:37.22 | SB9 | | 01:47.04 | SM9 | | 03:42.24 |
| | Girls | 47.33 | 01:41.54 | | 07:38.93 | | 01:55.23 | | 01:50.99 | | | 02:04.67 | | | |
| S10 | Boys | 38.05 | 01:23.18 | | 06:34.58 | | 01:34.88 | | 01:29.38 | | | | SM10 | | 03:32.24 |
| | Girls | 44.85 | 01:37.66 | | 07:18.99 | | 01:51.01 | | 01:48.51 | | | | | | |
| S11 | Boys | 43.22 | 01:35.66 | | 07:53.28 | | 01:56.67 | | 01:44.70 | SB11 | | 02:03.44 | SM11 | | 04:03.31 |
| | Girls | 49.70 | 01:51.18 | | 08:49.44 | | 02:10.16 | | 02:14.67 | | | 02:19.60 | | | |
| S12 | Boys | 38.50 | 01:27.39 | | 07:11.28 | | 01:38.34 | | 01:32.75 | SB12 | | 01:52.40 | SM12 | | 03:40.70 |
| | Girls | 46.53 | 01:37.46 | | 07:41.92 | | 01:56.27 | | 01:48.70 | | | 02:09.28 | | | |
| S13 | Boys | 38.06 | 01:24.11 | | 06:41.26 | | 01:37.33 | | 01:33.71 | SB13 | | 01:48.30 | SM13 | | 03:36.05 |
| | Girls | 44.35 | 01:37.06 | | 07:31.66 | | 01:50.88 | | 01:45.28 | | | 02:02.77 | | | |
| S14 | Boys | 40:64 | 01:26.46 | 03:08.56 | 06:56.90 | | 01:38.78 | | 01:32.58 | SB14 | | 01:47.95 | SM14 | | 03:32.35 |
| | Girls | 45.66 | 01:38.06 | 03:23.66 | 07:45.50 | | 01:47.81 | | 01:44.75 | | | 02:02.94 | | | |