

Lancashire County Water Polo and Swimming Association Age Groups and Championships 2025

Programme of Events

Day 1 Saturday 25 January

| SESSION 1 | AGE | EVENT | SESSION 2 | AGE | EVENT | SESSION 3 | AGE | EVENT |
|----------------|------------|------------------|---------------|---------|---------------|----------------|------------|-----------------|
| 101 Female | 10/11 Over | 400m Free HDW | 119 Open/Male | 12/Over | 800m Free HDW | 120 Open/Male | 10/11 Over | 50m Back Heats |
| 102 Open/Male | 10/11 Over | 100m Free Heats | | | | 121 Female | 10/11 Over | 100m Fly Heats |
| 103 Female | 10/11 Over | 50m Brst Heats | | | | 122 Open/Male | 10/11 Over | 200m Brst HDW |
| 104 Open/Male | 10/11 Over | 200m I.M. HDW | | | | 123-129 Female | 10/11 Over | 100m Fly Finals |
| 105-111 Female | 10/11 Over | 50m Brst Finals | | | | 130-136 Op/M | 10/11 Over | 50m Back Finals |
| 112-118 Op/M | 10/11 Over | 100m Free Finals | | | | | | |

Day 2 Sunday 26 January

| SESSION 4 | AGE | EVENT | SESSION 5 | AGE | EVENT | SESSION 6 | AGE | EVENT |
|----------------|------------|------------------|------------|---------|---------------|----------------|------------|-----------------|
| 201 Open/Male | 10/11 Over | 400m Free HDW | 219 Female | 12/Over | 800m Free HDW | 220 Female | 10/11 Over | 50m Back Heats |
| 202 Female | 10/11 Over | 100m Free Heats | | | | 221 Open/Male | 10/11 Over | 100m Fly Heats |
| 203 Open/Male | 10/11 Over | 50m Brst Heats | | | | 222 Female | 10/11 Over | 200m Brst HDW |
| 204 Female | 10/11 Over | 200m I.M. HDW | | | | 223-229 Op/M | 10/11 Over | 100m Fly Finals |
| 205-211 Op/M | 10/11 Over | 50m Brst Finals | | | | 230-236 Female | 10/11 Over | 50m Back Finals |
| 212-218 Female | 10/11 Over | 100m Free Finals | | | | | | |

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Programme of Events

Day 3 Saturday 8 February

| SESSION 7 | AGE | EVENT | SESSION 8 | AGE | EVENT | SESSION 9 | AGE | EVENT |
|----------------|------------|------------------|------------|---------|----------------|----------------|------------|------------------|
| 301 Female | 10/11 Over | 100m Back Heats | 326 Female | 12/Over | 1500m Free HDW | 327 Female | 10/11 Over | 100m Brst Heats |
| 302 Open/Male | 10/11 Over | 50m Free Heats | | | | 328 Open/Male | 12/Over | 400m I.M.HDW |
| 303 Female | 10/11 Over | 50m Fly Heats | | | | 329 Female | 10/11 Over | 200m Free HDW |
| 304 Open/Male | 10/11 Over | 200m Fly HDW | | | | 330 Open/Male | 10/11 Over | 200m Back HDW |
| 305-311 Female | 10/11 Over | 100m Back Finals | | | | 331-337 Female | 10/11 Over | 100m Brst Finals |
| 312-318 Op/M | 10/11 Over | 50m Free Finals | | | | | | |
| 319-325 Female | 10/11 Over | 50m Fly Finals | | | | | | |

Day 4 Sunday 9 February

| SESSION 10 | AGE | EVENT | SESSION 11 | AGE | EVENT | SESSION 12 | AGE | EVENT |
|----------------|------------|------------------|---------------|---------|----------------|---------------|------------|------------------|
| 401 Open/Male | 10/11 Over | 100m Back Heats | 426 Open/Male | 12/Over | 1500m Free HDW | 427 Open/Male | 10/11 Over | 100m Brst Heats |
| 402 Female | 10/11 Over | 50m Free Heats | | | | 428 Female | 12/Over | 400m I.M.HDW |
| 403 Open/Male | 10/11 Over | 50m Fly Heats | | | | 429 Open/Male | 10/11 Over | 200m Free HDW |
| 404 Female | 10/11 Over | 200m Fly HDW | | | | 430 Female | 10/11 Over | 200m Back HDW |
| 405-411 Op/M | 10/11 Over | 100m Back Finals | | | | 431-437 Op/M | 10/11 Over | 100m Brst Finals |
| 412-418 Female | 10/11 Over | 50m Free Finals | | | | | | |
| 419-425 Op/M | 10/11 Over | 50m Fly Finals | | | | | | |