

SENW Summer Regional Swimming Championships 2024

Warm Up

MANCHESTER

Saturday 20th April 2024

Session 1:

Warm Up: 7:45-8:45

Session Start 8:45 –

Session 2:

Warm Up 12:45 – 13:45

Session Start 13:45

Sunday 21st April 2024

Session 3:

Warm Up: 07:45-08:45

Session Start 08:45

Session 4:

Warm Up 13.30- 14:30

Session Start 14:30